

**IN THE NAME OF THE CREATOR OR WRITING  
THE TO GENERATE KNOWLEDGE**

**Brief on Virtual Professional Educational Institute Alef  
Resume**

**About Us**

Found in the summer of 2014 by 2015 the Educational Institute (Alef) was already professionally in the track of social pathology. Further, in order to focus and become specialized the hard working team began to hold educational trainings within the frame of specialized workshops on various fields of psychology during the same year; highly practical and contemporary in terms of therapy worldwide. These virtual workshops were primarily held for psychologists, psychiatrists, counsellors and also individuals interested in the field. For this and other reasons such as quality training increases and also issues of issuance of valid certificate, we became more inclined to communicate with a well-experienced valid venerable German association on research and training called AXCESSIO-VIHA (Association of Iranian Professors and Specialists in Germany – VR – 10227). Pro several observations and monitoring over Institute Alef the educational content, tutors resume (CVs) and Institute logo was eventually approved and signed accordingly. This of course, had high impact on our issued certificates value upgrade.

A turning point raised in 2018 in respect to Institute Alef Resume; the onset to dedicated projects. Thereon, by updating our tutors, planners and investors knowledge, a self-specialised workshop desk in addition to supervision courses was conferred. Hence, until date the Educational Institute Alef is now a part of Jahanshir Alef Institute on which upon citation Article 25 of rules and regulations and also the establishment of centres, institutes, focal, cultural and artistic associations and supervisions, Institute activity was approved in 29.10.1996 by Supreme Council for Cultural Revolution. Moreover, the Institute is active in accordance with delegation letter No. 1/24906 dated 25.11.2007 by the esteem Minister of Culture and Islamic Guidance approval as well as the article of association number 2141 dated 01.12.209 and the activity license of General Office of Company Registration and Industrial Property in the field of pathology and also by the introduction of Company Registration of social harms



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



[WWW.ACADEMYALEF.COM](http://WWW.ACADEMYALEF.COM)

[Dr.Ehsanfotouhi@gmail.com](mailto:Dr.Ehsanfotouhi@gmail.com)

[Bazresialef@yahoo.com](mailto:Bazresialef@yahoo.com)



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



[WWW.ACADEMYALEF.COM](http://WWW.ACADEMYALEF.COM)

[Dr.Ehsanfotouhi@gmail.com](mailto:Dr.Ehsanfotouhi@gmail.com)

[Bazresialef@yahoo.com](mailto:Bazresialef@yahoo.com)

to various society segments to provide approaches of confrontation. Still in the relevant fields, the divided liabilities (all sections finally under Dr. Ehsan Fotouhi supervision considerate to Iran Medical System No. 125281 and the German Medical System No. 030086283 and also by entrance code 802760300478814.

(\*). Occupation and education CV is herewith enclosed for your further views.

At present, Institute Alef is taking advice from other universities such as Yazd University in order to implement joint scientific, educational and research collaborations.

Also presently, in accordance with Dr.Ehsan Fotouhi agreement with valid Institute of Psychology a of No.125 Rahnemoon under the supervision of Psychology Organisation and the National Welfare Organisation, by termination of training courses the issued certificates by this Institute Alef is highly valued.

Currently , Institute Alef, as an exclusive scientific, educational and research partner, is one of the largest and most prestigious educational and research centers in the world in Germany, which has the right to introduce elites in this field to participate in research courses abroad.

## Aims

- Holding specialized and general workshops.
- Holding webinars in the field of social harms and its presentation for solutions of encounter.
- Holding webinars and seminars on new methods.
- International (joint) collaborations with various organisations and institutions.
- Educational and research overlap with European universities.
- Arrange educational and research structures with EPA.
- Education of workshop formats and structures by new teaching methods.
- Implementation of research projects in view of social



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



WWW.ACADEMYALEF.COM

Dr.Ehsanfotouhi@gmail.com

Bazresialef@yahoo.com

## Experience

---

- From 2015 till 2016

Holding specialized workshops: mood disorders, Anxiety and obsession, clinical and motivational interviews, pharmpsycho.

- 2017

Title of workshop increase: sex therapy and case report.

- 2018

Specialised projects Alef: specialized workshop desks along with supervision courses.

- 2019

In addition to holding of workshop desks and implementation of educational projects, self –educational system organization was also carried out and to that purpose educational subgroups like: Charisma, Children, Radio Alef, Café Alef and Soopap were introduced of which each group is active in a particular field of psychology for interested individuals.

Holding of ‘**Presentation Courses**’ – A device in the form of **Technoneuroscience Courses**.

Headings review by education of latest headings of Germany to eventually comply with the very recent world standards and in addition holding of Balint projects and case reports.

- 2020

Holding of specialized workshop desks on the basis of daily needs and worldwide knowledge;

Holding of specialized workshop desks on Cognitive Behavioural Therapy (CBT) in combination with positive psychology;

Holding of specialized workshop on schema therapy in combination with positive psychology;

And ...

Holding of specialized workshop on children in combination with ergotherapy.



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



WWW.ACADEMYALEF.COM

Dr.Ehsanfotouhi@gmail.com

Bazresialef@yahoo.com

## Ongoing Projects

---

- Update workshops
- Smartening educational content: Clinical and motivational interview workshops, case report, Technoneuroscience and Balint.
- Integrated treatment solutions including:

CBT, schema therapy, ergotherapy and pharmo-psychiso.

- Introduction of institutions and specialists including:

Executive schema therapists.

Executive biofeedback and RTMS executive via web course.

Education of active educational and research forces.

## The New Titles of Specialised Workshop Desks Alef Digital systems of psychology education

---

- Workshop desk (TNP)
- Workshop Balint group
- Workshop Writing *Scientific research articles*
- Workshop educational and research artichel
- Workshop Clinical diagnostic interview
- Workshop mood disorders
- Workshop Sex therapy
- Workshop Children's Mental Disorders
- Workshop Workshop Couples therapy
- Workshop Dialectical Behavior Therapy
- Workshop Anxiety and OCD disorders
- Workshop Motivational interveiw
- Workshop parenting
- Workshop MMPSE
- Workshop Intervention in the suicide crisis



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



[WWW.ACADEMYALEF.COM](http://WWW.ACADEMYALEF.COM)

[Dr.Ehsanfotouhi@gmail.com](mailto:Dr.Ehsanfotouhi@gmail.com)

[Bazresialef@yahoo.com](mailto:Bazresialef@yahoo.com)

- Workshop Addiction
- Workshop Hypnosis and carism
- Workshop Family Therapy
- Workshop Pharmacology, Psychosis
- CBT in combination with positive psychotherapy
- Schema therapy
- Play Therapy

- **Instagram pages:**

- **Alefhsan**
- **kargah\_alef**
- **Alefkanoonhavadaran**
- **Alef\_institute**
- **alef\_charisma**
- **alef\_child\_adolescent**
- **radio\_alef1398**
- **alefresearch**
- **Deutschlandcafe**
- **@AlefDrFotouhi**
- **@Akhbaralef**
- **@AlefPsyPortal\_movie**
- **@AlefPsyPortal\_Voice**
- **@AlefPsyPortal**
- **@AlefPsyPortal\_Sexology**
- **@AlefPsyPortal\_Scale**
- **@AlefPsyPortal\_Article**



No 13, Floor 3, Mall Shaghayegh,  
Farrokhi St. Yazd, Iran



09192909147  
09122863824



WWW.ACADEMYALEF.COM  
Dr.Ehsanfotouhi@gmail.com  
Bazresialef@yahoo.com

## Organizational chart of virtual specialized Alef institute

